

Greetings from your school kitchen! As we continue the grab and go school meals, we will be offering various food items and want you to know how to store and prepare the different items. For items that require heating (e.g. Breakfast pizza, hamburgers, sloppy joe, etc.), please store the food item in the refrigerator until you are ready to eat. Then take it out and heat to the proper temperature before consuming. After heating, eat within two hours. Store in the refrigerator no longer than 5 days.

1. If the item has heating instructions on the package, follow those manufacturer recommendations for heating the food item.
2. If the item does not have heating instructions on the package, please follow these instructions to safely heat:

HEATING INSTRUCTIONS

OVEN, FROM FROZEN:

1. Heat oven to 325°F. Discard any paper, foil or foam container the food item is in.
2. Place product on baking sheet and cook in the oven for about 20 minutes.
3. Product is ready to consume when an internal temperature of at least 165°F degrees is reached.
4. If product has not reached an internal temperature of at least 165°F, continue to cook in oven, checking every 5-10 minutes until minimum internal temperature of 165°F is reached.
5. Remove item from oven and let sit for 5-10 minutes before consuming.
6. Consume within 2 hours.

***CAUTION: Product will be hot. Consume with caution.**

OVEN, FROM THAWED:

1. Heat oven to 325°F. Discard any paper, foil or foam container the food item is in.
2. Place product on baking sheet and cook in the oven for about 10 minutes.
3. Product is ready to consume when an internal temperature of at least 165°F degrees is reached.
4. If product has not reached an internal temperature of at least 165°F, continue to cook in oven, checking every 5-10 minutes until minimum internal temperature of 165°F is reached.
5. Remove item from oven and let sit for 5-10 minutes before consuming.
6. Consume within 2 hours.

***CAUTION: Product will be hot. Consume with caution.**

MICROWAVE, FROM FROZEN:

1. Place food item on microwavable plate. Discard any paper, foil or foam container the food item is in.
2. Microwave on HIGH for 90 seconds.
3. Product is ready to consume when an internal temperature of at least 165°F degrees is reached.
4. If product has not reached an internal temperature of at least 165°F, continue to reheat on HIGH in 30 second intervals until minimum internal temperature of 165°F is reached.
5. Remove item from microwave and let sit for one minute before consuming.
6. Consume within 2 hours.

***CAUTION: Product will be hot. Consume with caution.**

MICROWAVE, FROM THAWED:

1. Place food item on microwavable plate. Discard any paper, foil or foam container the food item is in.
2. Microwave on HIGH for 45 seconds.
3. Product is ready to consume when an internal temperature of at least 165°F degrees is reached.
4. If product has not reached an internal temperature of at least 165°F, continue to reheat on HIGH in 15-20 second intervals until minimum internal temperature of 165°F is reached.
5. Remove item from microwave and let sit for one minute before consuming.
6. Consume within 2 hours.

***CAUTION: Product will be hot. Consume with caution.**

***Please note: Since the type of products vary, and all microwaves and ovens vary in power, all cooking times are approximate and may need to be adjusted.**

